

MSHSL Basketball Update

May 19, 2023



NFHS Basketball Rules Changes and Shot Clock Adjustments

Basketball Coaches and Officials -

The NFHS recently published the Rules changes for the 2023-2024 season. We have received several inquiries regarding these changes and wanted to update you on how these Rules will be applied in Minnesota.

We will follow 2-1-3 NOTE, 3-4-5, 7-5-2 thru 5, 7-6-6, and 9-3-3 as written in the NFHS Rules Book. Please review the release linked below to familiarize yourself with those changes.

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The change to Rule 3-5-6 allows for *undershirts worn under visiting team jerseys to be black or a single solid color similar to the torso of the jersey. All teammates wearing undershirts must wear the same solid color.* As you know, Minnesota requires that the home team wear a dark jersey and the visiting team wears white. Beginning in 2023-2024, this Rule change will apply to the **home team**. Players on the home team may wear a black undershirt or a single solid color that is similar to the torso of the jersey. Keep in mind that all players that choose to wear an undershirt must wear the **same** color. It is not permissible to have some players wear black and some wear a color similar to the jersey.

4-8-1 Eliminates the one-and-one for common fouls beginning with the seventh foul in the half and establishes the bonus as two free throws awarded for a common foul beginning with the team's fifth foul in each quarter and resets the fouls at the end of each quarter. Minnesota will continue to utilize halves so we will **not** be implementing this Rule. We will continue to follow the Rule of one-and-one on the seventh team foul and two free throws on the tenth foul with the only reset coming at halftime.

Shot Clock Update:

All Minnesota varsity basketball games will utilize the shot clock beginning in the 2023-2024 season. We will follow NFHS Rules regarding the operation of the shot clock with some exceptions. The exceptions to the Rule are being reviewed by the MSHSL Board of Directors at the next regularly scheduled meeting on June 6th, 2023. If the proposal passes, we will follow those modifications to the NFHS Rule in the upcoming season. Additionally, the Board is reviewing a modification to the closely guarded Rule for a dribbler in the front court and an adjustment that would make shot clock violations reviewable in limited circumstances during our State semifinals and championship games.

Once the Board makes a decision on these items, we will share those documents and modifications with you as soon as possible to assist in preparing for the 2023-2024 season.

Thanks to all of you for your service as a coach or official. We look forward to working with you all to provide the best experience possible for basketball players in the new school year.

Jason Nickleby

Assistant Director

Programs: Officiating, Boys and Girls Golf



[Link to NFHS 2023-24 Basketball Rules Changes](#)



Support and Questions

If you have any questions about these Rules changes, please contact your Regional Coordinator.



