

FOUL	ABBREVIATION	YARDAGE
Sideline interference	SDL	Warning Only
Attendant illegally on field	ATT	5
Delay of game	DOG	5
Encroachment	ENC	5
Failure to wear equipment just before snap	EQP-DOG	NO FOUL; PLAYER REPLACED FOR A DOWN
False Start	FS	5
Free kick out of bounds	FKOB	5
kick)	FKI	5
Helping runner	HR	5
Illegal formation	ILF	5
Illegal forward pass (by B)	IFP	5
Illegal shift or illegal motion	ILSH/ILM	5
Illegal substitution	ILS	5
mask/opening/chin strap	FM-5	5
Ineligible receiver illegally downfield	IDF	5
Invalid or illegal fair-catch signal	INFC/ILFC	5
Less than seven players on A's line or numbering violation	ILN	5
on field	SDL	5
Planned loose-ball infraction	PLB	5
Running into kicker/holder	RIK/RIH	5
Sideline interference	SDL-5	5
Snap infraction	SI	5
down)	IFP	5 + Loss of Down
Intentional grounding (also loss of down)	IFP	5 + Loss of Down
down)	ILH	5 + Loss of Down
Illegal touching (also loss of down)	ILT	5 + Loss of Down
Holding	HLD	10
Illegal block on free kicks	IBFK	10
Illegal block in the back	IBB	10
Illegal blocking technique	IUH	10
Illegal use of hands or arms	IUH	10
Interlocked blocking	IUH	10
Runner grasping a teammate	IUH	10
Butt block, face tackle or spear	IHC	15
the play	UNR	15
Chop block	CHP	15
Clipping	CLP	15
Contact against a defenseless player	DFP	15

Forward-pass interference	OPI/DPI	15
If intentional an additional 15 yards	OPI/DPI - INT	30
mask/opening/chin strap	FM-PF	15
Horse-collar	HRS	15
Illegal blindside block	BSB	15
signal	ILB-FC	15
or holder	IBBW	15
Illegal participation	ILP	15
Illegal personal contact - dead ball	DBPF	15
Illegal personal contact - live ball	PF	15
Illegal personal contact in restricted area	IPC-RES	15
area	IPC	15
Illegally kicking or batting ball	ILK/ILB	15
Initiate contact with a helmetless player	PF	15
Kick-catching interference	KCI	15
Nonplayer illegally on field	USC	15
immediate action	ILP	15
subsequent)	SDL-15	15
Slapping blocker's head	PF	15
Targeting an opponent	TGT	15
Tripping	TRP	15
Unfair acts	USC	15
nonplayer	USC	15
Roughing kicker or holder (also first down)	RTK/RTH	15 + 1st Down
Roughing passer (also first down)	RTP	15 + 1st Down
Roughing snapper (also first down)	RTS	15 + 1st Down
nonplayer	USC-DQ	15 + DQ
fight	FGT-DQ	15 + DQ
Any act if unduly rough or flagrant	PF-DQ	15 + DQ
Fighting by player or nonplayer	FGT-DQ	15 + DQ
Intentionally contacting a game official	CGO-DQ	15 + DQ
Striking, kicking, kneeling	SKK-DQ	15 + DQ